



Name \_\_\_\_\_ ID# \_\_\_\_\_ Birth date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_

**FAMILY HISTORY** – Has anyone in your immediate family had trouble with the following? Include mother (M), father (F), brother (B), sister (S), aunt (A), grandmother (GM).

	No	Not Sure	Yes	Who		No	Not Sure	Yes	Who		No	Not Sure	Yes	Who
Clotting disorder	___	___	___	___	GYN cancer	___	___	___	___	Heart attack before	___	___	___	___
Breast disease	___	___	___	___	High blood pressure	___	___	___	___	age 50 in immediate family	___	___	___	___
Breast cancer in female relative	___	___	___	___	Stroke	___	___	___	___	Osteoporosis	___	___	___	___
					Blood clots	___	___	___	___					

**MEDICAL HISTORY** – Information about you

	No	Yes	Now		No	Yes	Now		No	Yes	Now
Anemia	___	___	___	Thyroid problem	___	___	___	Urinary tract infections in last year	___	___	___
Headaches/frequent	___	___	___	Breast disease	___	___	___	Smoking			
Migraine headaches	___	___	___	High blood pressure	___	___	___	# of cigarettes /wk _____			
Severe depression	___	___	___	Shortness of breath	___	___	___	how long? _____			
Severe mood changes	___	___	___	Heart disease/problem	___	___	___	Alcohol use			
Cancer _____	___	___	___	Blood clots	___	___	___	# drinks/day _____			
Eating disorder _____	___	___	___	Liver disease	___	___	___	# drinks/wk _____			
Diabetes	___	___	___					Recreational drug use	___	___	___
								Regular exercise	___	___	___

**GYN HISTORY**

	No	Yes	Date		No	Yes	Date
Pelvic disease	___	___	_____	Sexually transmitted infections (STIs)	___	___	_____
Pelvic infections (PID)	___	___	_____	type _____	___	___	_____
Pelvic surgery	___	___	_____	Vaginal infections	___	___	_____
Abnormal pap report	___	___	_____ result _____	type _____			
Positive HPV test	___	___	_____	# _____			
				Pregnancy/abortion	___	___	_____
				Gardasil vaccine	___	___	_____
				Other _____			

First day of last menstrual period \_\_\_\_\_ # periods/year \_\_\_\_\_

Any problems with your periods? \_\_\_\_\_

Last pap smear date \_\_\_\_\_ NA \_\_\_\_\_ result \_\_\_\_\_

**SEXUAL HISTORY**

Have you ever been sexually active? \_\_\_ No \_\_\_ Yes. If yes, \_\_\_ vaginal \_\_\_ anal \_\_\_ oral \_\_\_\_\_ other

If yes, date of first intercourse or genital contact \_\_\_\_\_

Do you / have you had sex with \_\_\_ men \_\_\_ women

Have you ever been in a relationship where you have been threatened or harmed in any way? \_\_\_ No \_\_\_ Yes

Condom/dental dam protection \_\_\_ Always \_\_\_ Sometimes \_\_\_ Never

Have you or any of your partners been at increased risk for HIV infection (multiple partners , bisexual experience, used IV drugs, multiple STIs)? \_\_\_ No \_\_\_ Yes

Have you had unprotected sex (no condoms) since your last menstrual period? No / Yes Any missed birth control pills? \_\_\_ No \_\_\_ Yes.

Plan B taken in last year? \_\_\_ No \_\_\_ Yes. Are you currently using contraception? \_\_\_ No \_\_\_ Yes \_\_\_\_\_ type

Any previously used contraceptive method? \_\_\_\_\_

Any other health care concerns you would like to discuss? \_\_\_ No \_\_\_ Yes (please list) \_\_\_\_\_

Name \_\_\_\_\_ ID#: \_\_\_\_\_

Allergies \_\_\_\_\_ Current meds. \_\_\_\_\_

Ht. \_\_\_\_\_ Wt. \_\_\_\_\_ BP \_\_\_\_\_ Pulse \_\_\_\_\_

**GENERAL PHYSICAL EXAM:** \_\_\_\_\_ indicated \_\_\_\_\_ not indicated

Thyroid \_\_\_\_\_ Lungs \_\_\_\_\_

Heart \_\_\_\_\_ Abdomen \_\_\_\_\_

Extremities \_\_\_\_\_ Other \_\_\_\_\_

**BREAST EXAM:** \_\_\_\_\_ indicated \_\_\_\_\_ not indicated

R: NI Abnl Fibrous Cystic mass D/C Describe \_\_\_\_\_

L: NI Abnl Fibrous Cystic mass D/C Describe \_\_\_\_\_

**PELVIC EXAM:** \_\_\_\_\_ indicated \_\_\_\_\_ not indicated

External genitalia:

NI Abnl Vulvitis Folliculitis Condyloma Herpes

Bartholins cyst Lice/nits Other: Describe \_\_\_\_\_

BUS:

NI Abnl Describe \_\_\_\_\_

Vagina:

NI Abnl D/C Condyloma Other: Describe \_\_\_\_\_

Cervix:

NI Abnl Cervicitis Erosion Eversion Cyst Polyp Herpes Condyloma

Mucopurulent D/C Cervical motion tenderness Other: \_\_\_\_\_

Uterus:

NI Abnl Enlarged Smooth Nodular Mass

Ant/post ML R L Other: \_\_\_\_\_

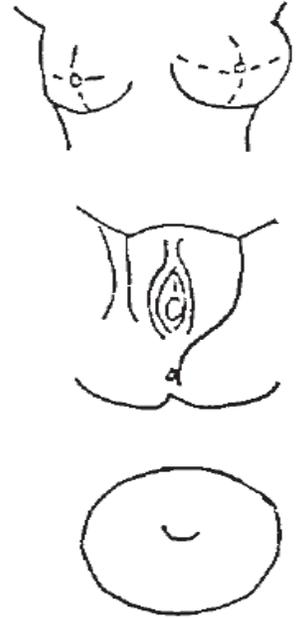
Adnexal:

R: NI Abnl Tender mass Describe \_\_\_\_\_

L: NI Abnl Tender mass Describe \_\_\_\_\_

Rectal:

NI Abnl Blood Hemorrhoid Fissure Mass Other: \_\_\_\_\_



**TESTS:**

\_\_\_\_ Pap (conventional/thin prep) \_\_\_\_ Chlamydia \_\_\_\_ Viral culture \_\_\_\_ Saline/KOH \_\_\_\_ Topical Acetic Acid (HPV)  
\_\_\_\_ Gonorrhea \_\_\_\_ HCG \_\_\_\_ RPR \_\_\_\_ Serum HSV \_\_\_\_ other

GYN lab notification by letter/ phone / consult \_\_\_\_\_ date \_\_\_\_\_ (initials)

**ASSESSMENT:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PLAN:** Contraception Method: \_\_\_\_\_

\_\_\_\_ Gardasil vaccine recommended. Other treatment: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Follow-up: \_\_\_\_\_

**HEALTH EDUCATION:**

\_\_\_\_ BSE instruction \_\_\_\_ Patch/new start/renewal/consent \_\_\_\_ HIV risk factors \_\_\_\_ Smoking cessation/alcohol  
\_\_\_\_ ECP \_\_\_\_ Ring/new start/renewal/consent \_\_\_\_ STI information \_\_\_\_ Osteoporosis prevention  
\_\_\_\_ BCP new start/renewal/consent \_\_\_\_ Diaphragm instruction \_\_\_\_ Safe sex  
\_\_\_\_ Nutrition/exercise \_\_\_\_ Info for condoms/spermicide \_\_\_\_ Domestic Violence  
\_\_\_\_ Depo Provera/new start/renewal/black box warning/consent \_\_\_\_\_ Other

Date: \_\_\_\_\_ Signature of Examiner \_\_\_\_\_ NP/ PA/ MD